



Park Plaza Nursing Home  
1244 State Park Rd.  
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Phone: (254) 694-2239  
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**Nursing Home List  
of Items Not Allowed in Resident Room  
(This list is not all inclusive)**

**Medications:** (includes all Prescription and Over-the-Counter drugs. except emergency items like nitro-glycerin, which must be ordered by the doctor through the Nursing Home.)

Aspirin, Anacin, Bufferin, etc.  
Mentholatum, Vicks, Deep Heat, Ben-Gay, etc.  
Vaseline, Olive Oil, Castor Oil, etc.  
Cough syrup or drops  
Rubbing alcohol or any liniments  
Ex-Lax or any laxative  
Vitamins, tonics, etc.

Murine, or any eye medications  
Maalox, or any antacids  
Sominex or any sleeping pills  
Foot powders, creams or pads  
Noxema or any medicated creams or powders  
Hemorrhoid treatment creams or pads

**NOTE:** A good rule of thumb has been established by the Food and Drug Administration whereby any products labeled "Keep out of reach of children" or carries any type of caution label is merchandise that contains ingredients which are harmful if taken without supervision or used in a way not designated. Many of our residents, due to mental impairments or poor eyesight might inadvertently drink or eat some of me above items causing irreparable harm.

**SAFETY HAZARDS:**

AEROSOL CANS of any product are combustible  
GLASS ITEMS which can be broken and cause cuts.  
RAZORS AND BLADES - A Techmatic with a band type cartridge where the blade cannot be removed is permitted under some circumstances.  
NO PLASTIC TRASH CANS OR CLOTHES HAMPERS  
SCISSORS OR KNIVES - Only blunt edge scissors are permitted  
CROCHET NEEDLES are allowed - only plastic knitting needles are acceptable.  
EGG CRATE MATTRESSES not allowed.  
PLANT FOOD OR CLEANING SUPPLIES - None that carry a caution label.  
EXCESS PAPERS OR FURNISHINGS - Those items can cause fires or falls.

FOOD - Only limited amounts in air tight containers that are within the limits of the residents diet. Excess food encourages insects and other pests. Especially limit items which are highly perishable.  
ELECTRICAL APPLIANCES - No coffee pots, toaster, electric blankets, heaters, hair dryers, curling irons, etc. Heating pads or fans only by order of the physician and they must be UL approved. Refrigerators only with a physician order and within limits of special diets. Check with Director of Nurses first. No electronic ovens under any circumstances.  
HOT WATER BOTTLES, ICE PACKS, ETC. - All must be given as treatments by order of the attending physician.  
EXTENSION CORDS AND MULTIPLE PLUGS - not allowed.  
ROOM DEODORIZERS - Not allowed .  
SMOKING - SMOKING MATERIALS - Not allowed.

**SPECIAL NOTE:**

Always check before bringing in food or any item which might be detrimental to the care of any of our resident or not allowed on special diets. If you have any questions, regarding which items are not allowed please check with the Administrator or Director of Nursing.

**ACKNOWLEDGMENT**

Resident Name \_\_\_\_\_

I acknowledge that I have received before or at the time of admission and have had orally explained to me the preceding information:

\_\_\_\_\_  
Resident - Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Family Member/Legal Representative - Signature

\_\_\_\_\_  
Date